

## Spring 10 Term

Written by Ian Mitchell - Last Updated Sunday, 28 February 2010 15:14

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This term we will be focusing on the Fitness Challenge badge as well as the Sports Enthusiast and Physical Recreation Activity badges.

Additionally if a Scout partakes in the following sports they can easily attain the related Activity badge:

- Master at Arms - Fencing, shooting, archery, etc
- Martial Arts - Karate, Judo, etc
- Snow Sports - Skiing, Snowboarding, etc
- Street Sports - Skateboarding, etc
- Water Sports - Water Skiing, etc
- or one of the other many sports related Activity badges on Scoutbase.

To get these badges is relatively simple if the Scout already does the sport. All they will need to do is:

1. Take a copy of the badge requirements (from [www.scoutbase.org.uk](http://www.scoutbase.org.uk)) to their club/instructor/etc
2. Get a letter from a qualified instructor stating that they meet the requirements of the badge
3. Undertake a short interview with one of our leaders to test their knowledge of the sport.

This term runs from January 8th 2010 to March 26th 2010.

The programme of events for this term will be as follows:

<b>□ Week</b>	<b>□ Location</b>	<b>Activity</b>	<b>□ Objective</b>	<b>U</b>
<b>Responsible Leader</b>				
08/1/10 Relaxed	Hall Matt	Games Night	Have fun & get to know new a	
15/1/10 Scarf	Chelmsford Ice Rink Ian	Ice Skating	Improve our skating	
22/1/10	Hall	Fitness First	Part of the Fitness challenge	

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Relaxed                      John  
29/1/10                      Hall                      Healthy Eating

Part of the Fitness challenge

Plan Menus for Ready Steady Cook.

Relaxed                      Ian  
05/2/10                      Billericay School

Trampolining / Sports Enthusiast

How high can you go!

Scarf                      Claire / Gareth  
12/2/10                      Hall

19/2/10

**Half term**

26/2/10

Hall

Drink, Drugs and Rock & Roll      Part of the Fitness challenge      Relax

28/2/10

Hall

Fitness Second              Part of the Fitness challenge      Relax

Sponsored Walk

Fund Raising for Kandersteg

Scarf                      Ian

05/3/10                      Hall

Ready Steady Cook      Demonstrate our healthy cooking

Relaxed                      Claire

12/3/10                      Hall

Night Navigation Wide Games      Improve our compass work at night

Relaxed                      Matt

19/3/10                      Hall

Fitness Third              Part of the Fitness challenge      Relax

26/3/10                      Hall

Scout Disco

Bring a friend and boogy

Posh Togs

Patrol Leaders

27/3/10                      Fire Station

Car Wash

Fund Raising for Kandersteg

Scruffs                      Neil

28/3/10                      Chipping Ongar

postponed Sponsored Walk

Fund Raising for Kandersteg      Relaxed                      Ian

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See you there.